

November 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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2	3	4 CPR 125 Charles Rollins Rd Henderson 6:15pm-8:15pm \$40.00 for both classes	5	6 First Aid 125 Charles Rollins Rd Henderson 6:15pm-8:15pm	7	8

9	10 Nourish to Flourish: focusing on your self-care journey Affirm, Validate, Esteem...This life coaching workshop is designed specifically for preschool educators who nurture young minds every day. We will explore the power of word seeds and they can be used to sow a beautiful word garden. It all begins with the teacher! This session focuses on discovering how educators can strategically use the power of words to frame desirable outcomes for both educators and the children and families in their care. By learning to intentionally choose their words, educators can cultivate inner calm, reduce stress, and quiet the static in their own minds, so that they can be present for the children. Through interactive activities, participants will explore how spoken words can promote a more positive and supportive learning environment, while fostering stronger connections with students, families, and colleagues. \$7.00 Zoom	11 Happy Veteran Day 	12 The Benefit of Play When there is Trauma and the Power of Play 125 Charles Rollins Rd Henderson NC 27536 6pm-8pm \$7.00	13 The Environment Rating Scale (ERS) 3rd Edition: An Overview of the Changes in the 3rd Edition North Carolina has adopted the third edition of the ERS. This overview highlights the key differences between the previous and current editions, providing essential guidance for effective classroom implementation and insights into the developmental rationale behind these updates. \$7.00 Zoom	14	15
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16	17	18 Nature and Science, exploring various ways to support children’s curiosity This session will demonstrate methods for integrating nature and science into daily classroom routines. Attendees will participate in activities designed to address common challenges related to teaching science. Participants will be introduced to various experiments and exercises involving science and nature, which aim to support children’s curiosity, sensory exploration, and vocabulary development. \$7.00 Zoom	19 IT’S SIDS \$7.00 Zoom	20 Emergency Preparedness 125 Charles Rollins Rd Henderson NC 27536 6pm-8pm \$7.00	21	22
23	24	25	26	27 Happy Thanksgiving 	28 Happy Thanksgiving 	29
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